

# JUXTA-FIT™ HAND WRAP

## COMPONENTS OF JUXTA-FIT™ HAND WRAP:

Nylon, Polyurethane, Spandex, Silver

**COMPONENTS OF LABEL:** Polyvinyl Chloride Plastisol or Satin Acetate

**THIS PRODUCT CONTAINS SILVER.**

**THIS PRODUCT DOES NOT CONTAIN LATEX.**

**INDICATIONS FOR USE:** Lymphedema.

**CAUTIONS:** Decreased or absent sensation in the hand, Sensitivity to product components.

**CONTRAINDICATIONS:** Severe arterial insufficiency, acute infection.

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JF-HW-DFU-111512-01

## DIRECTIONS FOR USE:

### DONNING THE JUXTA-FIT™ HAND WRAP:

**STEP 1.** Slide thumb through the hand wrap's thumb hole with the black side of the fabric facing the skin. The seam line should be running from the base of the thumb to the wrist. The thumb should also be centered within the hole so that material lies flat against the skin.

**STEP 2.** Make a fist to anchor the hand piece in place. Then, grab a hold of the Velcro® tab that is located between the two hand piece bands. Pull to a comfortable tension and secure the tab to the rounded section of the hand piece.

**STEP 3.** Pull the top band of the hand piece to a firm and comfortable compression and secure the tab end to the back of the hand piece. It is recommended that the top edge of the hand piece lines up with the base of the fingers and adjust accordingly.

**NOTE:** The bands may be adjusted and angled to add additional compression to specific areas as needed.

**STEP 4.** Pull the long wrist band around the base of the hand or wrist. After one complete wrap secure the band onto the back of the hand or wrist depending on patient preference. Adjust the band as needed to maximize comfort and compression.

**STEP 5.** Tuck the overlapping material of the hand piece underneath the armsleeve.

**Note:** The position of the hand wrap can be adjusted so that it covers more of the fingers or the wrist depending on preference.

### REMOVING THE JUXTA-FIT™ HAND WRAP:

**STEP 1.** To remove the hand wrap, detach the bands and fold them back on themselves.

**STEP 2.** Unwrap the hand wrap from the hand and slide off.

**Note:** The Juxta-Fit™ Hand Wrap should never hurt. It should feel firm but comfortable. If pressure increases or decreases noticeably during wear, loosen or tighten the bands accordingly.



**IF EXPERIENCING ANY PAIN, IMMEDIATELY REMOVE THE JUXTA-FIT™ HAND WRAP AND CONSULT YOUR PHYSICIAN.**

## CARE INSTRUCTIONS:



**HAND WASH\***



**DRIP DRY OR FLAT DRY\***



**DO NOT BLEACH**



**DO NOT IRON**



**DO NOT DRY CLEAN**



**DO NOT WRING**

**STEP 1**



**STEP 2**



**STEP 3**



**STEP 4**



**STEP 4**



**STEP 5**



**\*To extend the life of your Juxta-Fit™ Hand Wrap, hand wash and drip or flat dry. The Juxta-Fit™ Hand Wrap can also be machine washed using a gentle cycle and dried on a low heat setting.**