



Juxta-Lite™ Standard Legging

THIS PACKAGE CONTAINS

- (1) Juxta-Lite™ Standard Legging
- (1) Built-In Pressure System (BPS™) Card
- (1) Pair of Comfort Compression Anklets™
- (1) Comfort Leg Liner™

If any of these items are missing, please contact CircAid® at (800) CIRCAID (247-2243).
Instructional DVDs are available upon request, and can also be viewed online at www.circaid.com.

Juxta-Lite™ Standard Legging

CARE AND MAINTENANCE



MACHINE WASH WARM



TUMBLE DRY



DO NOT BLEACH

Juxta-Lite™ can be machine washed using a gentle cycle and dried on a low heat setting. If doing so, it is recommended that you place the Juxta-Lite™ in a pillow case to aid in keeping the hook material lint-free and to protect other clothing from getting damaged. The Comfort Leg Liner™ and the Comfort Compression Anklets™ can also be machine washed and dried. To extend the life of Juxta-Lite™, hand wash and drip dry.

JL-SL-DFU-112112-01

CHOOSE THE PERFECT ALTERNATIVE.

JUXTA-LITE™ STANDARD LEGGING

Easy Adjustable Inelastic Compression Bandage System 20-30, 30-40, or 40-50 mmHg

COMPONENTS OF JUXTA-LITE™ LEGGING: Nylon, Polyurethane, Spandex, Silver
COMPONENTS OF LABEL: Polyvinyl Chloride Plastisol or Satin Acetate
COMPONENTS OF COMFORT COMPRESSION ANKLET™: Nylon, Spandex
COMPONENTS OF COMFORT LEG LINER™: Cotton, Lycra® and Microban® Antimicrobial
THESE PRODUCTS CONTAIN SILVER.
THESE PRODUCTS DO NOT CONTAIN LATEX.

INDICATIONS FOR USE: Moderate Lymphedema, Chronic Venous Insufficiency, Venous Stasis Ulcers, Post Sclerotherapy, Post Thrombotic Syndrome, Dependent Edema and Varicose Veins.

CAUTIONS: Decreased or absent sensation in the leg, Sensitivity to product components.

CONTRAINDICATIONS: Severe Peripheral Arterial Disease, Decompensated Congestive Heart Failure, Septic Phlebitis, Phlegmasia Cerula Dolens, Decreased or Absent Sensation in the Leg, Allergy to Compression Materials, Moderate Peripheral Arterial Disease, Infection in the Leg.

WARRANTY: Juxta-Lite™ Product will perform according to and under the stated application and use procedures and is warranted to be free of defects in materials and workmanship. The warranty is only valid if the instructions for care are properly followed; and does not cover normal wear and tear, abnormal care and use, or where it can be shown the application instructions have not been followed correctly. The warranties are:

- Juxta-Lite™ Standard Legging: Six months from the date of patient purchase
- Comfort Compression Anklets™: Product will be replaced only if there is a manufacturing defect.
- Comfort Leg Liner™: Product will be replaced only if there is a manufacturing defect.

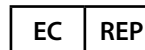
When bands are placed in parallel position they should slightly overlap, leaving no space between bands. CircAid Medical Products, Inc. assumes no liability for injury or damages resulting from contraindicated use of its products. CircAid is a registered trademark. Juxta-Lite, Built-In Pressure System, BPS, Comfort Leg Liner and Comfort Compression Anklet are trademarks of CircAid Medical Products, Inc. Lycra is a registered trademark of INVISTA. Velcro is a registered trademark of Velcro USA, Inc. Microban is a registered trademark of Microban International, Ltd. ©2012 CircAid Medical Products, Inc. All Rights Reserved.



CIRCAID®
by medi



CircAid Medical Products, Inc.
9323 Chesapeake Drive, Suite B2
San Diego, CA 92123 U.S.A.
01-858-576-3550



MDSS
Schiffgraben 41
30175 Hannover, Germany

DIRECTIONS FOR USE

IF USING THE COMFORT LEG LINER™:

The Juxta-Lite™ Legging is safe to use directly on the skin, however, the Comfort Leg Liner™ offers further protection to both the garment and the skin. Slide the Comfort Leg Liner™ onto the leg before donning the ankle or legging.



DONNING THE COMFORT COMPRESSION ANKLET™:

Slide the Comfort Compression Anklet™ onto the foot before donning the legging. Be sure the ankle is pulled over the leg liner and high enough above the ankle bone so that it will overlap with the legging. The ankle can be worn day and night, but it is recommended that it be removed if any discomfort is experienced when laying down. Proceed to "Donning the Juxta-Lite™ Legging" below.



IF USING THE JUXTA-LITE™ ANKLE-FOOT WRAP (AFW):

See the Juxta-Lite™ Ankle-Foot Wrap's Directions for Use.

DONNING THE JUXTA-LITE™ LEGGING:

STEP 1: Unroll the top two bands and loosely secure them around the calf just below the knee crease to anchor the legging in place.



NOTE: The top of the legging should start just below the knee crease. The bottom of the legging should reach just above the ankle bone.

▲ STEP 1



▲ STEP 1



▲ STEP 2

STEP 2: Unroll the bottom two bands, pull them above and below each other across the front of the leg and secure the bottom band to the outside of the legging once firm and comfortable compression has been achieved.

NOTE: The CircaAid® logo indicates the bottom most band of legging.

STEP 3: Before securing the second band from the bottom, disengage the third band from the bottom. While holding the second and third bands taut, pull the second band from the bottom to firm and comfortable compression and secure it to the outside of the legging. Angle each band individually to achieve a snug and wrinkle-free fit.



Pull bands above and below each other and attach to outside of legging.

▲ STEP 4

STEP 4: Before securing the third band from the bottom, disengage the fourth band. While angling the last two bands, pull the third band from the bottom to firm and comfortable compression and secure it to the legging. Pull the top band to firm and comfortable compression and secure it to the legging.



DO NOT TUCK BANDS. THE VELCRO® HOOK SHOULD NEVER TOUCH THE SKIN!



APPLYING PRESCRIBED PRESSURE RANGE USING THE BUILT-IN PRESSURE SYSTEM™ (BPS™):

STEP 1: Locate the BPS™ card in your packaging.

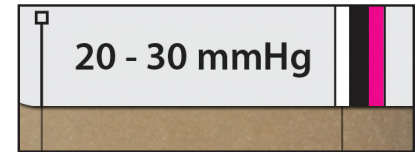
STEP 2: Identify the appropriate edge of card and pressure scale. The edge of card is determined by legging size. It is recommended that the correct edge and scale be highlighted.

STEP 3: Start with bottom band. Line up the pressure guide line on the garment with the line on card marked with X.

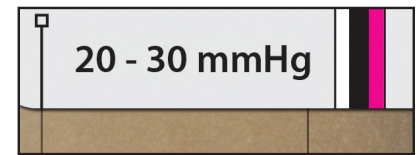
STEP 4: Note where the second pressure guide line on the garment is in relation to the correct color coded pressure range on the card. (Fig. A, B, and C)

STEP 5: If the pressure guide line on the garment either falls short (Fig. B) or goes beyond the correct pressure range (Fig. C), readjust the band as necessary so the second guideline is aligned with the prescribed pressure range (Fig. A). Completely loosen band before reapplying if too much tension has been applied.

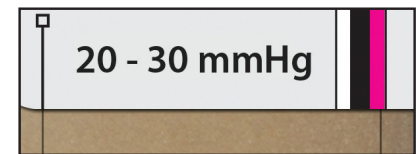
STEP 6: Repeat BPS™ Steps 3-5 for each band going up the leg. Be sure to adjust to the SAME tension on the BPS™ card scale as the bottom band. Bands may need adjusting throughout the day to maintain the prescribed pressure range.



▲ Fig. A Correctly Adjusted for 20-30mmHg



▲ Fig. B Not enough tension for 20-30mmHg



▲ Fig. C Too much tension for 20-30mmHg

REMOVAL: JUXTA-LITE LEGGING™

To remove the legging, undo each band and fold it back onto itself. Start at the top of the legging and work downward until all bands are detached. If done properly the garment should be ready for easy reapplication.

REMOVAL: COMFORT COMPRESSION ANKLET™ AND COMFORT LEG LINER™

Slide the Comfort Compression Anklet™ off the foot after removing the legging. Slide the Comfort Leg Liner™ off the leg after removing the Comfort Compression Anklet™.

REMEMBER: Juxta-Lite™ should never hurt. It should feel firm but comfortable. If pressure increases or decreases noticeably during wear, loosen or tighten any bands. Always assure, however, that the correct prescribed pressure range is being applied. Slightly loosen the bands of the legging for night time wear. Each set of vertical guidelines may be at a different location on the leg depending on the size and shape of the leg. They do not need to be aligned down the front center of the leg or in any other specific location on the leg. The Comfort Compression Anklet™ may be worn day and night, but it is recommended that the Comfort Compression Anklet™ be removed if experiencing discomfort when laying down. The ankle can be worn over the legging if sensitivity to the ribbed edge is a concern.

IF EXPERIENCING ANY PAIN, IMMEDIATELY REMOVE THE JUXTA-LITE™ LEGGING AND CONSULT YOUR PHYSICIAN.



If further assistance is required, contact CircaAid® Customer Service by phone at (800) CIRCAID (247-2243) or by email at info@circaid.com