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Juxta-Lite™ Ankle-Foot Wrap

THIS PACKAGE CONTAINS

- (1) Juxta-Lite™ Ankle-Foot Wrap
- (2) Hook Tabs

If any of these items are missing or there is a problem with this product, please contact CircAid® Customer Service at (800)-CIRCAID (247-2243) or on the web at www.circaid.com.

Juxta-Lite™ Ankle-Foot Wrap

CARE AND MAINTENANCE



MACHINE WASH WARM*



TUMBLE DRY*



DO NOT BLEACH



DO NOT IRON



DO NOT DRY CLEAN



DO NOT WRING

*The Juxta-Lite™ AFW can be machine washed using a gentle cycle and dried on a low heat setting. If doing so, it is recommended that it be washed and dried by itself or in a pillowcase to prevent lint from getting caught in the hook tape. Should lint collect on the hook tape, it can be removed with tweezers. To extend the life of the Juxta-Lite™ Ankle-Foot Wrap hand wash and drip or flat dry.

JL-AFW-DFU-112112-01

JUXTA-LITE™

ANKLE-FOOT WRAP

COMPONENTS OF JUXTA-LITE™ ANKLE-FOOT WRAP:

Polyurethane, Lycra®, Nylon, Silver

COMPONENTS OF LABEL:

Polyvinyl Chloride Plastisol or Satin Acetate

COMPONENTS OF HOOK TABS:

Nylon

THIS PRODUCT CONTAINS SILVER. THIS PRODUCT DOES NOT CONTAIN LATEX.

INDICATIONS FOR USE: Moderate Lymphedema, Chronic Venous Insufficiency, Post Thrombotic Syndrome, Venous Stasis Ulcers, Post Sclerotherapy, Dependent Edema and Varicose Veins.

CONTRAINDICATIONS: Severe Peripheral Arterial Disease, Decompensated Congestive Heart Failure, Phlegmasia Cerula Dolens, Decreased or Absent Sensation in the Leg, Septic Phlebitis, Allergy to Compression Materials, Moderate Peripheral Arterial Disease, Infection in the ankle and/or foot.

When bands are placed in parallel they should slightly overlap, leaving no space between bands. This garment is not designed to be cut or modified, except as outlined in the directions for use; doing other than instructed will void the three month limited warranty.

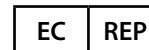
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DIRECTIONS FOR USE

DONNING THE JUXTA-LITE™ ANKLE-FOOT WRAP

STEP 1: Don optional liner, sock or stockinette. The Juxta-Lite™ Ankle-Foot Wrap can also be worn directly against the skin as shown.

STEP 2: First, unroll the band closest to the toes and secure it at its loosest position to the opposing side of the foot wrap, creating a pocket for the foot to slide through. Slide the foot into the top opening like a slipper, and firmly press the heel into the heel cup.

STEP 3: Ensure that the foot is properly aligned within the Juxta-Lite™ Ankle-Foot Wrap (AFW). The foot piece may need to be pulled toward the front of the foot to ensure a proper fit with the heel positioned firmly and snugly into the heel cup.

STEP 4: Tighten the foot-bands on the top of the foot pulling to a firm and comfortable compression.

STEP 5: Detach the long ankle-band, pull it across the front of the foot, wrap with firm and comfortable compression around the ankle, ensure there are no gaps, and engage the hook tab. Adjust the long ankle-band if any gaps or pressure points occur.

Note: The long ankle-band may pull from a different side depending on which foot, left or right, the AFW is applied to. Make sure to secure the long ankle-band last, over the legging, if using the AFW with a Juxta-Lite™ legging.

STEP 6: Readjust the bands as necessary throughout the day to maintain a firm and comfortable compression level. *Note: Slightly loosen the bands for night time wear. It is recommended that the AFW be removed if discomfort is experienced when laying down.*



REMEMBER: The Juxta-Lite™ Ankle-Foot Wrap should never hurt. It should feel firm but comfortable. If pressure increases or decreases noticeably during wear, loosen or tighten any bands accordingly.



IF EXPERIENCING ANY PAIN, IMMEDIATELY REMOVE THE JUXTA-LITE™ ANKLE-FOOT WRAP AND CONSULT YOUR PHYSICIAN.

REMOVAL

Detach and unwrap the long ankle-band, pass it underneath the arch of the foot and reattach it to the body of the garment. Loosen the foot-bands enough so that the foot can easily slide out. When complete, the AFW should resemble its starting position for easy reapplication.

ANKLE-BAND ADJUSTMENT

THE FOLLOWING STEPS WILL PERMANENTLY REDUCE THE LENGTH OF THE LONG ANKLE-BAND.

STEP 1: Determine the desired length of the long ankle-band. Ensure that there will be no gaps and the hook tab will not make contact with the skin.

STEP 2: Draw a straight line across the long ankle-band, remove the AFW and carefully cut it to the desired length.

STEP 3: Use the included hook tabs to secure the ankle-band in place.

FOOT-LENGTH ADJUSTMENT

THE FOLLOWING STEPS WILL PERMANENTLY REDUCE THE FOOT-LENGTH OF THE JUXTA-LITE™ ANKLE-FOOT WRAP BY 1.25" (3 CM).

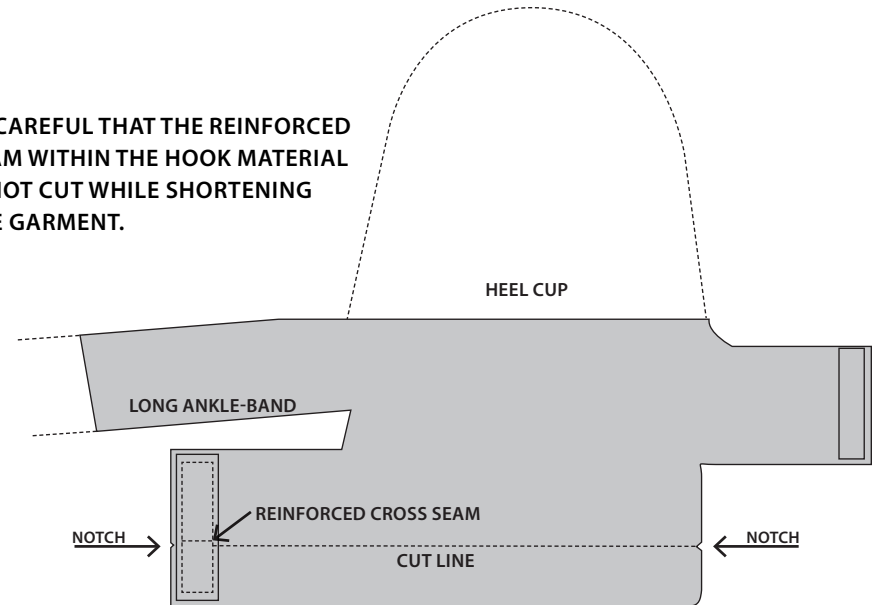
STEP 1: Locate the two notches on both sides of the AFW approximately 1.25" (3 cm) from the front of the garment.

STEP 2: Draw a straight line from one notch to the other.

STEP 3: Carefully cut along the drawn line, assuring that the reinforced seam section of the hook material is not cut.

PLEASE NOTE: NO OTHER MODIFICATIONS CAN BE MADE TO THE JUXTA-LITE™ ANKLE-FOOT WRAP.

BE CAREFUL THAT THE REINFORCED SEAM WITHIN THE HOOK MATERIAL IS NOT CUT WHILE SHORTENING THE GARMENT.



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If further assistance is required, contact Circaid® Customer Service by phone at (800) CIRCAID (247-2243) or by email at info@circaid.com