



medi

## THIS PACKAGE INCLUDES:

- (1) Graduate™ Custom Below Knee Legging
- (2) Assured Gradient Measuring Cards
- (1) Pair of Comfort Knee-High Socks™

## THIS PACKAGE MAY ALSO INCLUDE:

- (1) Graduate™ Non-Skid Foot Guard
- (1) Graduate™ Rubber Sole (Tread)

If any of these items are missing, or replacement Graduate™ Non-Skid Foot Guards and/or Rubber Soles are required, please contact Customer Service at (800)-CIRCAID (247-2243) or by email at [info@circaid.com](mailto:info@circaid.com). Instructional videos are available online at [www.circaid.com](http://www.circaid.com).

## CARE AND MAINTENANCE



HAND WASH



DRIP DRY OR FLAT DRY



DO NOT BLEACH



DO NOT IRON



DO NOT DRY CLEAN



DO NOT WRING

G-BKL-DFU-112612-01

# GRADUATE™ BELOW KNEE LEGGING

**COMPONENTS OF GRADUATE™:** Nylon, Polyethylene Plastic, Cotton, Lycra®, Polyester, Neoprene, Polyurethane Foam, Steel (D-Rings)

**COMPONENTS OF COMFORT KNEE-HIGH SOCKS™:** Cotton, Lycra®

**THIS PRODUCT DOES NOT CONTAIN LATEX.**

**INDICATIONS FOR USE:** Lymphedema, Venous Insufficiency, Venous Stasis Ulcers, Post Thrombotic Syndrome, Dependent Edema.

**CAUTIONS:** Decreased or absent sensation in the leg, Sensitivity to product components.

**CONTRAINDICATIONS:** Severe Peripheral Arterial Disease, Septic Phlebitis, Decompensated Congestive Heart Failure, Phlegmasia Cerula Dolens, Allergy to compression materials, Moderate peripheral arterial disease, Infection in the ankle and/or foot.

Custom garments require a prescription. This garment is not designed to be cut or modified. Doing so will void the one year limited warranty.

CircAid Medical Products, Inc. assumes no liability for injury or damages resulting from contraindicated use of its products. CircAid is a registered trademark. Graduate and Comfort Knee-High Socks are trademarks of CircAid Medical Products, Inc. Lycra is a registered trademark of INVISTA.

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CIRCAID®  
by medi



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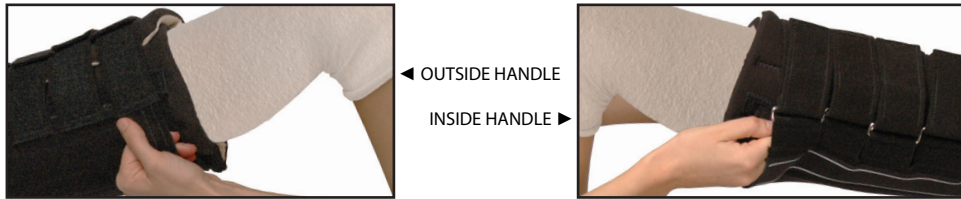
MDSS  
Schiffgraben 41  
30175 Hannover, Germany

# DIRECTIONS FOR USE

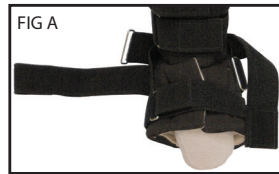
## DONNING THE GRADUATE™ BELOW KNEE (BK) CUSTOM LEGGING

**STEP 1:** Don the included sock liner.

**STEP 2:** Position the legging with the straps at the front of the leg and the vertical guidelines along the inside of the leg. Ensure the foam lining wraps completely around the foot and leg, and extends just beyond the top and bottom edges of the outer shell. Slide the legging onto the leg; use the handles at the top of the garment to assist with sliding it on. Do not pull on the foam lining.



**STEP 3:** If the legging is too tight to slide over the foot, one or more of the straps can be pulled out of the D-ring (Fig A). Ensure the foot is properly aligned within the garment; the front edge of the Graduate™ BK Legging should align with the base of the toes.



**STEP 4:** Detach the strap nearest to the toes, pull the strap up and across the foot, and fasten the tab end to the legging. Pull the strap to firm and comfortable compression. Repeat with the remaining foot straps.



**STEP 5:** The leg portion of the garment is provided with a measuring system to assist in obtaining gradient compression. Tighten the bottom ankle-band to a firm and comfortable compression level, then align the Assured Gradient Card with the vertical measuring guides

(on the double striped neoprene) at the ankle. Match the "X" to one vertical guideline, and use the scale to measure where the other vertical guideline falls.



**STEP 6:** Going up the leg, tighten each strap so that the card measures the same value as at the ankle. If a strap is over-tightened, it is best to completely loosen the strap before re-securing it to ensure an accurate reading.



**STEP 7:** When finished, recheck that the card measures the same value at each of the straps.

## REMOVAL

**STEP 1:** Disengage all tab ends of the Graduate™ Below-Knee Legging and loosen the straps.

**STEP 2:** Refasten the tab ends at their loosest position.

**STEP 3:** To help slide the legging off, insert the opposite foot into the loop at the base of the legging and push to slide the legging off.



**STEP 4:** Slide off the sock liner.



**REMEMBER:** The Graduate™ Below-Knee Legging should never hurt. It should feel firm but comfortable. If pressure increases or decreases noticeably during wear, loosen or tighten any bands accordingly.



**IF EXPERIENCING ANY PAIN,  
IMMEDIATELY REMOVE THE LEGGING  
AND CONSULT YOUR PHYSICIAN.**

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If further assistance is required, contact CircAid® Customer Service by phone at (800) CIRCAID (247-2243) or by email at [info@circaid.com](mailto:info@circaid.com)