medi

Juxta-CURES™
THIS PACKAGE CONTAINS

(1) **Juxta-CURES™** Legging
(6) Velcro® Stays
(1) Pair of **Comfort Leg Liners™**
(1) Pair of **Comfort Compression Anklets™**
(1) **Built-in Pressure System™** Guide Card
(1) Directions for Use

If any of these items are missing, please contact your health care provider.

Juxta-CURES™
CARE AND MAINTENANCE

MACHINE WASH, WARM WATER*

TUMBLE DRY, LOW HEAT*

DO NOT BLEACH

DO NOT IRON

DO NOT DRY CLEAN

DO NOT WRING

*It is recommended that the garment be placed in a pillow case, or garment bag, to keep the hook materials lint free and to prevent possible damage to other garments. Should lint collect on the tabs, it can be removed with tweezers.

JC-P-DFU-112612-01

PATIENT INSTRUCTIONS

JUXTA-CURES™
COMPRESSION ULCER RECOVERY SYSTEM

The **Juxta-CURES™ C**ompression **U**lcer **Re**covery **S**ystem™ (**CURES™**) is a multi-layer compression system that can be used as a secondary dressing for the treatment of open venous ulcers. **Juxta-CURES™** can be tailored to fit the patient's limb size and contour.

COMPONENTS OF JUXTA-CURES™ LEGGING: Nylon, Polyethylene Plastic, Polyurethane, Spandex, Silver
COMPONENTS OF COMFORT LEG LINER™: Cotton, Lycra®, Microban® Antimicrobial
COMPONENTS OF COMFORT COMPRESSION ANKLET™: Nylon, Spandex
THE JUXTA-CURES™ LEGGING CONTAINS SILVER.
THESE PRODUCTS DO NOT CONTAIN LATEX.
INDICATIONS FOR USE: Venous Insufficiency, Venous Stasis Ulcers, Post Thrombotic Syndrome, Dependent Edema.
CAUTIONS: Decreased or absent sensation in the leg, Sensitivity to product components.
CONTRAINDICATIONS: Severe Peripheral Arterial Disease, Decompensated Congestive Heart Failure, Septic Phlebitis, Phlegmasia Cerula Dolens, Decreased or Absent Sensation in the Leg, Allergy to Compression Materials, Moderate Peripheral Arterial Disease, Infection in the Leg.

When bands are placed in parallel they should slightly overlap, leaving no space between bands. This garment is not designed to be cut or modified, except as outlined in the **directions for use**; doing other than instructed will void the six month limited warranty.

CircAid Medical Products, Inc. assumes no liability for injury or damages resulting from contraindicated use of its products. CircAid is a registered trademark. Juxta-CURES, Compression Ulcer Recovery System, CURES, Comfort Leg Liner, Comfort Compression Anklet, Built-In Pressure System and BPS are trademarks of CircAid Medical Products, Inc. Microban is a registered trademark of Microban International, Ltd. Lycra is a registered trademark of INVISTA. Velcro is a registered trademark of Velcro USA, Inc. ©2012 CircAid Medical Products, Inc. All Rights Reserved.

CIRCAID®
by medi

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Juxta-CURES™
DIRECTIONS FOR USE

DONNING JUXTA-CURES™ WITH THE COMPRESSION ANKLET AND LEG LINER

STEP 1 Slide the Comfort Leg Liner™ onto the leg before donning the anklet or legging (the cuffed edge of the liner should be near the foot). Be sure to avoid disrupting the primary dressing. The liner should be pulled over the knee and should cover the ankle bone. Next, slide the Comfort Compression Anklet™ onto the foot and over the bottom part of the liner. Be sure the anklet is pulled high enough above the ankle bone so that it will overlap with the legging (Fig. A). Also ensure that there are no wrinkles in the liner where it is tucked into the anklet.

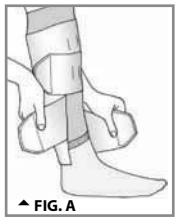


FIG. A

STEP 2 Position the garment around the leg with the black side of the material facing the skin and with the bottom edge, identified by the CircAid® logo, reaching just above the ankle bone. Unroll the top two bands, pull them above and below each other across the front of the leg, and loosely secure them to the outside of the garment to anchor the garment in place (Fig. B). Be sure not to tuck the bands under the legging. The Velcro® hook should never touch the skin or liner (Fig. C).

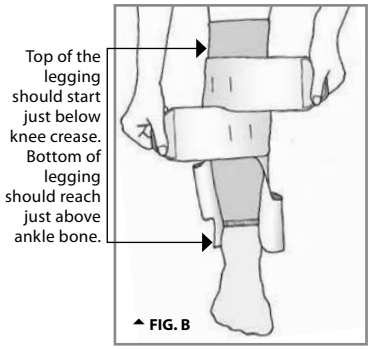


FIG. B

FIG. C

Do not tuck bands. Velcro® hook should never touch skin!

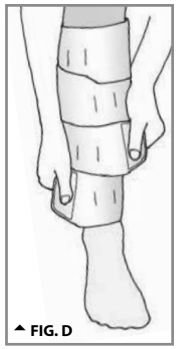


FIG. D

STEP 3 Once secure, unroll the bottom two bands of the garment and pull them above and below each other across the front of the leg, overlapping with the anklet. Once firm and comfortable compression is achieved, secure the hook tab of the bottom band to the outside of the legging (Fig. D). Before securing the second band from the bottom, disengage the third band from the bottom. While holding the second and third bands taut, pull the second band from the bottom to firm and comfortable compression and secure it to the outside of the legging. Angle each band individually to achieve a snug and wrinkle-free fit (Fig. E). Before securing the third band from the bottom, disengage the fourth band. While angling the last two bands, pull the third band from the bottom to firm and comfortable compression and secure it to the legging. Pull the last top band to firm and comfortable compression and secure it to the legging.

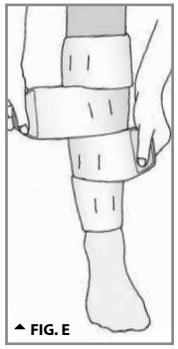
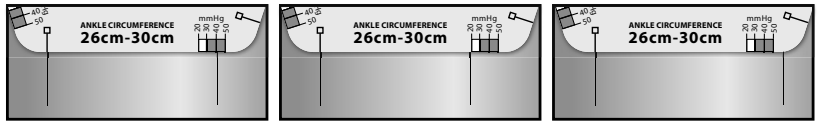


FIG. E

STEP 4 Locate the Built-in Pressure System™ guide card. If the appropriate edge of the card has not been highlighted, measure your ANKLE circumference in centimeters (cm) and locate the measurement in one of the number ranges on the Built-in Pressure System™ guide card. If your measurement falls between two ranges on the card, 22.5cm for example, choose the smaller range. It is recommended that the appropriate edge of the card be highlighted as it is the only edge that should be used.

STEP 5 Using the appropriately highlighted Built-in Pressure System™ guide scale, align one of the vertical guidelines on the bottom-most band with the line marked with an "☐" on the scale. Note the location of the second vertical guideline in reference to the grey block "▥".

Applying 30-50mmHg using Built-in Pressure System™ guide card



CORRECT | MORE TENSION NEEDED | LESS TENSION NEEDED

- If the second guideline is touching the grey block "▥", the band has been applied to the correct tension. (Fig. F)
- If the guideline is falling short of the grey block "▥", the bottom band needs to be reapplied with more tension. (Fig. G)
- If the guideline is beyond the grey block "▥", the band needs to be reapplied with less tension. Completely loosen the band if too much tension has been applied before reapplying. (Fig. H)

STEP 6 Once the bottom band has been adjusted to the correct tension, repeat this step using the second set of guidelines located on the front of the second band from the bottom. Be sure to use the same edge of the card and to set it to the same tension as the bottom band. Repeat this step for both the remaining bands, working upwards. Use the same edge of the card and tension setting as the other bands to ensure gradient compression.

STEP 7 Once the garment has been adjusted to the correct compression level, ensure that there are no gaps between any of the bands of the legging. Roll the top part of the liner over the top edge of the legging. (Fig. I)

Remember: The garment should feel firm and comfortable. Readjust the bands as necessary throughout the day so that all vertical guidelines are correctly matched to the appropriate pressure scale. Each set of vertical guidelines may be at a different location on the leg depending on the size and shape of the leg. They do not need to be aligned down the front center of the leg or in any other specific location on the leg. The Comfort Compression Anklet™ may be worn day and night, but it is recommended that the anklet be removed if experiencing discomfort when lying down. Slightly loosen the bands of the legging for nighttime wear.

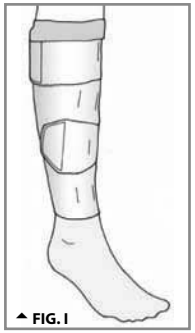


FIG. I

THE LEGGING SHOULD NEVER HURT. IF EXPERIENCING ANY PAIN, THE LEGGING SHOULD BE IMMEDIATELY REMOVED AND A PHYSICIAN SHOULD BE CONSULTED. DO NOT CUT OR MODIFY YOUR LEGGING IN ANY WAY. YOUR PHYSICIAN WILL EXAMINE, ADJUST AND REAPPLY AS NEEDED AT YOUR FOLLOW-UP VISITS.

REMOVAL OF THE JUXTA-CURES™ LEGGING

To remove the Juxta-CURES™ legging, detach the four bands starting at the top band and working your way down, folding each band back onto itself. It is important that none of the spine tabs be removed. If any portion of the spine is accidently removed, simply reconnect it back in the same position. If concerned with accidental spine tab removal, place the white Velcro® Stays along the edge of the spine where spine reinforcement is desired or trace the spine tabs with a permanent marker for easy re-application. After removing the legging, slide the anklet and liner off the foot and leg.

Tip: Once the ulcer has healed, Juxta-Lite™ Leggings are available for order to prevent ulcer recurrence. For more information, contact CircAid® Customer Service at (800) CIRCAID (247-2243) or visit us online at www.circaid.com.

IMPORTANT REMINDER: Always bring your Juxta-CURES™ legging to all follow up visits for proper adjustment and reapplication.

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If further assistance is required, contact CircAid® Customer Service by phone at (800) CIRCAID (247-2243) or by email at info@circaid.com